

*Aikido Shudokan 24th Annual Demonstration
Jiyu Waza Competition*

Aim

The Jiyu Waza Competition is designed to show technique, variety and speed. The selection and variety of techniques is an important criteria of this competition. Points are awarded for variety of technique, speed, fluidity and the general timing and co-ordination of the group.

Groups

The maximum number of people in a group is 4.

Time

There is a time limit of 3 minutes. It is crucial that the group completes their intended routine in the allotted time. Points are deducted for running over time.